



New Zealand Greenshell Mussels 紐西蘭綠青口



Natural



No Preservatives

Greenshell Mussels are an excellent source of anti-inflammatory nutrients and several key vitamins and minerals such as zinc, iron, selenium and several B-vitamins. Crystal Harvest brand Greenshell Mussels are cooked immediately after harvest to maintain delicious flavor and ensure the quality of meat. Chefs and consumers are both amazed at the ease of their preparation – they can be eaten chilled or as heat and serve dishes.

紐西蘭綠青口是一種極好的抗炎營養來源，富含鋅、鐵、硒和維他命B等多種關鍵營養素和礦物質。Crystal Harvest的綠青口在採摘後立即烹製，以保持美味口感和鮮嫩肉質，深受廚師和消費者歡迎。



12 x 2LB/ ctn

